

'Managing Young Children's Emotions and Meltdowns'



This is a not-to-be-missed Brisbane event presented by trusted Child Psychiatrist, Dr Kaylene Henderson.

In this 90 minute seminar, you will learn:

- How to strengthen your relationship with your infant or young child in ways that provide best long term outcomes
- How to help children to calm down most effectively when they are upset
- Practical strategies to help your young child when they are overwhelmed or 'losing it'
- How to support your young child towards independently managing their own feelings

Dr Kaylene Henderson is a warm and engaging speaker. As a medical specialist and mother of three young children, she imparts practical, research based advice that helps parents to feel more confident and capable in their important role.

All attendees will also receive a special 10% discount for Dr Kaylene Henderson's online course series, 'Raising Good Kids: Managing Behaviour and Emotions in 0-5's'

For bookings, go to: <https://www.trybooking.com/201256>

Who should attend:

Parents of 0-5's and professionals who work with families with young children

Venue:

Our Lady of the Assumption Catholic Primary School hall,
9 Hurdcotte Street,
Enoggera QLD 4051

Date:

Thursday 25th August 2016

Time:

7pm - 8.30pm.

Doors open at 6.30pm with light refreshments and hot drinks available for purchase from the school canteen. Seminar will start promptly at 7pm.



Dr Kaylene Henderson
Child Psychiatrist