

## Education in the Digital Age

Some of you may have seen the recent segment on Channel Nine's 60 Minutes called 'screen addicts' which looked at use of technology, specifically iPads with young children. The segment focussed on anecdotal reports of 'screen addiction' in children and linked this to overuse of technology. There is no doubt that digital technology use by young children is a contentious issue. The problem with issues like this one is that they often become polarizing with people being forced to take one side or the other due to the hyped up reporting by our media and popular press. Polarizing issues can obscure multiple viewpoints and we often fail to see that there is not necessarily one right answer or one correct side to take. Similarly with technology, media outlets often like to report on the perceived negative impacts using personal vignettes and often little solid evidence. Where research is used to support such reporting it is often based on a single study by a lone academic. Unfortunately this does not support a balanced viewpoint and does little to open up for other ideas.

Researchers at the Queensland University of Technology here in Brisbane have been looking at technology use with very young children for some time and their research is indicating that the impacts of technology use with young children may not be as disastrous as media outlets are making out. In fact, Professor Susan Danby's research has turned the tables on popular opinion finding that use of technology can actually support, rather than hinder social interactions. Professor Danby says:

**"It is no longer possible to suggest that technologies have no, or peripheral, places in early childhood education" (2013)**

In terms of curriculum for early childhood, competency and engagement with technology for learning and meaning making are one of the educational outcomes for children in the Early Years Learning Framework (the curriculum for all children aged 0-6 in Australia). For an article which focusses on the possible educational benefits of digital technologies published by Professor Danby, please turn to pages 10-11 of this issue.

The kindergarten is considering the purchase of an iPad for use within the kindergarten programs. We would like to consult with families about this and hear your opinions about digital technology at kindy. Please turn to page 5 for more information about how you can contribute your thoughts.

Marie White—Centre Director



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### Kindy Excursion

Don't forget the kindy trip to Lone Pine Koala Sanctuary is happening on:

Tuesday 8th September

And

Friday 11th September

A sign will be posted near the sign in area of Monday 17th and Thursday 20th August for families to sign up to coming on the bus. As seats are limited it will be first in best dressed.



#### AT ASPLEY EAST...

WE DO PLEASE

WE DO THANK YOU

WE DO I'M SORRY

WE DO HUGS

WE DO LAUGHTER

WE DO RESPECT

WE DO MISTAKES

WE DO HAPPINESS

WE DO PEACE

WE DO GROWING

WE DO FRIENDSHIP

WE DO HELPING

WE DO CARING

WE DO KINDNESS

WE DO LEARNING

**WE ARE FAMILY**

## IN THE NEWS

### Politician Kindergarten Visit

On the 26th June the kindergarten hosted a visit from a number of Members of Parliament and the CEO from C&K to help launch the kindergarten's 50th year celebrations.

A number of articles appeared in both the Northside Chronicle and the Bay-side Star. See page 7 for some photos from the day.

### Triple P Parenting Program for Free

In early July the Queensland Premier Anastacia Palaszczuk announced that

a government initiative will see a 6.6 million dollar investment in happier and healthier communities. A key strategy of this initiative will see the world acclaimed Triple P—Positive Parenting Program made available free of charge to Queensland families over the next two years.

For the full news article see

<http://www.triplep-parenting.net.au/au-ukn/news/from-queensland-to-the-worldand-now-back-home/>

## Child Protection Week

Child Protection week is from 6-12th September 2015.

Child Protection is an important element of our responsibility at Aspley East, not only for the teachers but for all community members.

From the QLD Child Protection Website:

Child protection is everyone's business. Responsibility lies with adults in our community to keep children safe from harm. **Listening to children and young people is the most important way to assist their safety and well-being.** If a child tells you they are being hurt, please seek help for them.

All members of our community need to make child protection their business and play a part in ensuring children are nurtured and safe.

Keep your eyes peeled for some family information on the kindy website during this week.

In the classrooms the teachers will be discussing protective behaviours with children. This will include ways to keep your body safe.

There are events being held all over QLD in which information about child protection will be shared, find out more on the website.

In recognition of Child Protection week, the kindergarten will also be hosting a visit from a previous parent of the kindergarten who is a Police Officer. Lee Aitchinson has visited the kindy before and speaks with the children about ways to be safe in the community and the role of the police. We will let families know the details when a date is secured for this visit.

## DISCO WRAP UP

Thanks to everyone for making the 2015 kindy disco a fantastic success. The disco really is a special part of the kindy calendar and something that the children look forward to every year. It was so great to see families getting into the spirit of fun and enjoying a dance with their children. Special thanks to all committee members for their help in organising the disco and a very special thanks to Marianne Coggins for the organisation of the raffle, it was a great success. Please see page 12 for a list of community contributions to the raffle.

Thanks to the support of our whole community, the disco raised a total of **\$2187.33**. This is an amazing effort for such a small community!

There are plans already in place to use this money to develop the space around the old tree to turn it into a safe and usable play space for the children.



## Working Bee—Saturday 15th August

### Thursday/Friday Unit 1 Families

(Marie, Nicole and Cherie's group)

Just a reminder to Unit 1 Thursday/Friday families that it is your turn to host the next kindy working bee. Some of the jobs scheduled for this working bee includes:

- Cleaning of the patio concrete
- Tidying, trimming and mulching all of the kindy gardens
- Tidying and trimming in the kindy carpark

Please look out for a sheet to sign up for jobs near the sign in desk.

## C&K POLICY UPDATES

C&K have recently released policy updates. Please turn to pages 8-9 to see policy statements regarding:

Discrimination and Sexual Harassment Policy Statement and

Prevention of Workplace Bullying

Please take time to read these statements as they are applicable to all stakeholders within our community including: the Management Committee, staff, families, volunteers, students and other visitors to the kindy.

Copies of these can also be found on the pin board at the entrance to the kindergarten.

## PLAYGROUND

It is with regret that I need to again remind families that the kindergarten playground is closed for play before and after hours.

On a number of occasions over the last few weeks, the staff have been left to tidy up the playground in the afternoon after kindy children and their siblings have thrown balls out, drawn on the tables and thrown sandpit toys around the playground on their way out in the afternoon.

At kindy the teachers and children are all responsible for taking care of the environment and cleaning up after themselves, please respect our rules and tidy up any mess that is made by your child or their siblings in our playground.

## ASPLEY EAST STAFF

MARIE WHITE

DIRECTOR/TEACHER

UNIT 1—THURS/FRI

DEBBIE QUIG

TEACHER

UNIT 1—MON/TUES/ ALT WED

SUE PEARSON

ASSISTANT

UNIT 1—MON/TUES/ALT WED

EMILY CLARK

TEACHER

UNIT 2—MON—FRI

PETA BAHRE

ASSISTANT

UNIT 2—MON/TUES/ALT WED

NICOLE HOMEWOOD

ASSISTANT

UNIT 1—THURS/FRI

KAMAY EADES

ASSISTANT

UNIT 2—THURS/FRI

HELEN HUMPHRIES

ADMINISTRATION

MON/TUES/THURS/FRI

## ADDITIONAL ASSISTANTS

CHERIE DUX

MON/TUES/ALT WED/THURS/FRI

## Inclusion @ Aspley East

At Aspley East we practice a philosophy of inclusion. Inclusion at AEK means that everyone no matter their ability, gender or social circumstance are supported to engage fully in the educational program.

We feel that inclusion is not only important for children's learning, but is in fact a right of all participants in the community. We feel that the values of inclusion support strong attitudes of tolerance, kindness and respect.

Our kindergarten practices inclusion for all children, but especially for those who face challenges in their learning journey either due to disability, learning delays or difficult life circumstances.

Within the programs, inclusion is not just about allowing those with the above challenges to be here, but is much deeper and involves taking measures to support full participation.

Some examples of what this might look like are:

- ☐ Teaching sign language to the whole class to facilitate communication with a child who signs
- ☐ Purchasing toys and equipment that allow participation by anyone regardless of ability.
- ☐ Teaching children important values of inclusion: respect, support, tolerance, kindness, compassion etc.
- ☐ Teaching children about diversity in the world around them and promoting difference as a value, rather than something to be scared of.

At Aspley East we feel that it is important to discuss difference openly and honestly with children, not to highlight how different those, for example, with disabilities are, but to recognise that we are really more the same than we are different. Some people just need a little extra support in order to do the same things that most children are able to do with no difficulty.

We take a very responsive approach to children's difficult questions about disability and difference and try to answer them honestly and openly (within their developmental level and ability to understand). Follow this link for a great article which explains how you can respond to children's questions about difference .

Please find below a heartfelt story written by Nyleta McRae (mother of Merryn in Unit 1 Th/ Fri).

### **Fragile X and Merryn**

My name is Nyleta and I am the mother to three children, two of which have Fragile X.

Fragile X is an inherited genetic syndrome that can be passed down from either parent. Prior to having children I was not aware that I have permutation Fragile X, meaning that I have a 50/50 chance of passing Fragile X on every time I get pregnant. There are also a range of symptoms that can affect permutation carriers.

Merryn was born a few months before her older brother was diagnosed with Fragile X. At that time we had no idea about the Fragile X so we were thrilled to welcome a perfect, beautiful little baby girl to our family. Once Connor had been diagnosed and I had been tested (along with other members of the family) we knew we needed to test Merryn too.

Eventually when she was about 1 year old I finally got up the courage to get the blood tests done. By that time I had convinced myself she was a carrier at worst. She was developing so well and hitting her milestones, it was nothing like her brothers infancy had been. So when her results came back that she has Full Mutation Fragile X it was a huge shock.

As a result of her Fragile X Merryn has some speech delays, challenges with receptive communication, anxiety and sensory sensitivity. She has trouble staying focused on a task and concentrating for a long period.

Girls with Fragile X often have milder symptoms than the boys and Merryn has been very fortunate in this regard. She seems to be developing well intellectually, she is bubbly and happy and very affectionate and loving. She is also very creative and loves to make up stories with her toys, draw pictures and make things with play doh.

It's hard to know how Fragile X will impact Merryn as she grows, but we will always be vigilant and give her any additional support and therapy she needs.

## FUNDRAISING

We are still awaiting delivery of our new light box (it is on back order), it should be arriving in September. This was purchased with the funds raised from the kindy pie drive.

With the funds raised from the Bunnings BBQ we have plans to upgrade some of the IT equipment at the kindy. So far we have purchased 3 new shockproof, waterproof, dust proof and freeze proof cameras! These are fantastic as they can be used by the children to document their interests and learning.

Presently the kindergarten is also considering the purchase of I pads for the kindergarten. C&K have a comprehensive policy which outlines decision making around the appropriate use of digital media in educational settings. Part of the process of incorporating new technologies involves consultation with families.

The use of digital technologies (particularly screen devices) is a contentious issue with media and public opinion and academic research sometimes providing conflicting advice to families. We would like to hear your opinions. What do you think about digital technologies? What digital technologies do you already use at home? What is your opinion on the role of iPads in kindergarten?

Please keep your eyes peeled for a digital survey in which the kindergarten will be seeking your viewpoints on the incorporation of screen based technologies within the kindergarten programs.

## RENOVATIONS AND PLAYGROUND WORKS

As our kindy is approaching its 49th year, 2015 sees the continuation of a number of years of renovation and refurbishment works to the kindergarten. These works are being completed in order to keep the kindergarten looking good and functioning well.

You may remember from the last newsletter there was some planned works occurring at the kindy. You will have noticed that these have happened during the holidays and into the first weeks of the term.

All of the new doors have been installed, completing this project to renew all old doors and windows in the kindy which has been ongoing for one year. A number of the kindy storage rooms have also been modified to include metal feet on shelves which will allow the kindergarten to be more resilient to flood water in the future.

During the June/July holidays you also will have noticed that the Chinese Elm was removed as per the Brisbane City Council's audit directives. We now have a tree stump that has been converted into a seating area for the children to play on. In the near future you will see that we

will be adding some soft fall to this space in order to make it safe for the children to climb on. This is likely to occur during the September/October holiday period.

Next on the list of improvement works for the kindy is some repair and renewal of the paved area surrounding the sandpit. This area was damaged during the two flood events that the kindergarten have experienced in the last 9 months. Plans are well underway to redevelop this area. The space will be redeveloped not only to beautify and make it more useable but also to make it more resilient to water ingress in the future.

Please have a chat with the teachers if you would like to hear about or be involved with the plans to develop this space.



### School readiness

With the second part of the year well underway, many families are beginning to think about the transition to school in 2016.

The concept of school readiness is complex and diverse with no 'one size fits all' definition.

Please go to the [kindy web-site](#) (in the NEWS section) where there will be a series of articles on this concept of school readiness posted in the coming months.

### C&K ASPLEY EAST KINDERGARTEN

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The Management committee meets once a month to discuss various matters in operating the kindergarten and its finances - all parents are welcome to attend and participate. The next meeting will be at 7 PM on 5 August 2015.

Since our last news contribution in May, the management committee has the following news:

**26 June 2015 Politicians Visit** - on the last day of term the Kindy hosted members of parliament Luke Howarth, Tracy Davis, Councillor Amanda Cooper and the C&K CEO Michael Tizzard. This provided an opportunity for some media associated with launching the 50<sup>th</sup> year of the kindergarten. We achieved two items within the local press, being a story in the Northside Chronicle and a mention in Tracy Davis's regular column in the Bayside Star. Discussions were held on a variety of topics including the cost of operating a kindergarten, accommodating children with additional needs and future funding requirements. These topics will continue to be progressed with politicians. This includes the kindergarten's intent to provide a submission to the Federation green paper which has specific items relating to kindergarten and childcare funding and how the relevant responsibilities are distributed between state and federal levels.

**Building Works** - building works have commenced on the new sliding doors at the rear of the building, new entry doors at the front of the building and replacement of some windows. These works are being funded by a State government gambling grant and will continue the building improvement works that have been ongoing for some years now.

**The Kindy Disco** - the disco was held on Friday 24<sup>th</sup> of July with a large turnout of parents, caregivers and children, as it is every year. Through the significant effort of Maryanne Coggins in obtaining prizes and running the raffle and prize auction, over \$2,300 was fund raised from this event. Thank you

to Maryanne and thank you to all who contributed. Thank you also to all the parents and others who helped out with organisation of the night, both in moving furniture and in preparing food. In the near future a fundraising barometer will be installed in the rear enclosed patio area with a committee noticeboard to keep parents informed of how fundraising money is being raised and spent.

**Our 50<sup>th</sup> Anniversary Celebrations - 14 May 2016** - please remember our 50<sup>th</sup> anniversary next year and any contributions with regards to memorabilia would be appreciated. The facebook page is [www.facebook.com/aspleyeastkindy](http://www.facebook.com/aspleyeastkindy). The 50<sup>th</sup> anniversary coordinator is Lee Andrews who can be contacted on email [lee4055@yahoo.com.au](mailto:lee4055@yahoo.com.au).

**How the Centre operates** - the short online survey to parents to assess whether the service suits the modern-day provision of kindergarten has just been issued. We encourage all parents and caregivers to provide feedback on what kind of service they would like to see the kindergarten provide in the future. This will form part of the review being conducted on how the long-term sustainability of the kindergarten will be achieved.

**Staff** - it would be remiss of me not to mention the wonderful job that the staff at the kindergarten do, both when the children are there and also outside of those times in making sure that the educational program and the facilities are all in order. I ask that parents and caregivers, every now and again, make a point of saying thank you to them.

**Help** - Any parents who wish to provide any sort of assistance to the kindergarten either via their skills or on a monetary perspective, please get in contact with Helen, Marie or myself. It is greatly appreciated.

Doug Hawkes—President

Aspley East Kindergarten Management Committee





# Prevention of Discrimination and Sexual Harassment Policy Statement



## Commitment

C&K is committed to providing a safe and harmonious work environment where everyone is treated with an approach underpinned by the C&K values of integrity, respect, collaboration, courage and safety.

C&K comply with all National/State Legislation and Acts pertaining to both sexual harassment and discrimination.

C&K will treat all allegations, reports and complaints of unacceptable behaviour in relation to discrimination and sexual harassment seriously and will respond promptly, impartially and confidentially.

This policy relates to the C&K Board, management, employees, families, volunteers, students, contractors and any visitors to C&K Central and Services.

## Sexual Harassment

Sexual harassment is an unwelcome sexual advance, unwelcome request for sexual favours or other unwelcome conduct of a sexual nature which makes a person feel offended, humiliated or intimidated.

Sexual harassment is against the law and behaviours characteristic of sexual harassment can include, but are not limited to:

- unwelcome sexual advances; staring, leering or unwelcome touching
- sexist or suggestive comments and jokes
- using sexually explicit language
- intrusive questions about a person's private life or body
- sexually explicit physical contact, pictures, posters emails or text messages
- unnecessary familiarity
- unwelcome requests for sex or sexual favours

Sexual harassment can have detrimental effects on people and service delivery; create unsafe work environments; can contribute to the loss of skilled people; and a breakdown of teams and individual relationships.

## Discrimination

Discrimination is when a person is treated unfairly or is harassed because of an attribute or personal characteristic, such as: age, breastfeeding, disability, family responsibilities, gender, race, political belief or activity, pregnancy, relationship status, religious belief or activity, sexual orientation or union activity.

## Responsibilities

C&K will embrace and promote a culture free of harassment and discrimination that includes responding swiftly to any complaints.

The CEO, Executive Leadership team and Board of Directors has overall responsibility to implement this policy.

Supervisors and managers are required to adopt best practice behaviour; lead by example and consistently review their own behaviour as well as that of others.

Employees must treat all colleagues in a fair, respectful and equitable manner and speak up if they feel inappropriate behaviour is directed at them or others in the workplace.

A breach of this policy will be deemed an act of serious misconduct and will result in appropriate action. For employees this may include disciplinary action and may result in termination of employment. For families and visitors, this may result in exclusion from the Service.

Please refer to the C&K Grievance Procedure if you are experiencing discrimination or harassment in the workplace

For additional support, please contact HR on 1800 177 092 or the Employee Assistance Program on 1300 361 008

**Michael Tizard**  
CEO

*Where children come first*



# Prevention of Workplace Bullying Policy Statement



## Commitment

C&K is committed to providing and maintaining a safe work environment where everyone is treated with an approach underpinned by the C&K values of integrity, respect, collaboration, courage and safety.

C&K comply with all National and State Legislation and Acts pertaining to Bullying.

C&K will treat all allegations, reports and complaints of unacceptable behaviour in relation to workplace bullying seriously and will respond promptly, impartially and confidentially.

This policy relates to the C&K Board, management, employees, families, volunteers, students, contractors and any visitors to C&K Central and Services.

## Workplace Bullying

Workplace bullying is defined as repeated and unreasonable behaviour directed towards an employee or a group of employees that creates a risk to health and safety.

Examples of behaviour that may be considered to be workplace bullying include but are not limited to:

- abusive, insulting or offensive language or comments
- unjustified criticism or complaints
- deliberately excluding someone from workplace activities
- withholding information that is vital for effective work performance
- setting unreasonable timelines or constantly changing deadlines
- setting tasks that are unreasonably below or beyond a person's skill level
- denying access to information, supervision, consultation or resources
- spreading misinformation or malicious rumours
- changing work arrangements to deliberately inconvenience a particular employee or employees.

Single incidents of unreasonable behaviour can also present a risk to health and safety and will not be tolerated.

## Responsibilities

### Bullying Prevention is everyone's responsibility

The CEO, Executive Leadership team and Board of Directors has overall responsibility to implement this policy.

C&K will embrace and promote an anti-bullying culture that includes responding swiftly to any complaints.

Supervisors and managers are required to adopt best practice behaviour; lead by example and consistently review their own behaviour as well as that of others

Employees must treat all colleagues in a fair and equitable manner and speak up if they feel inappropriate behaviour is directed at them or others in the workplace.

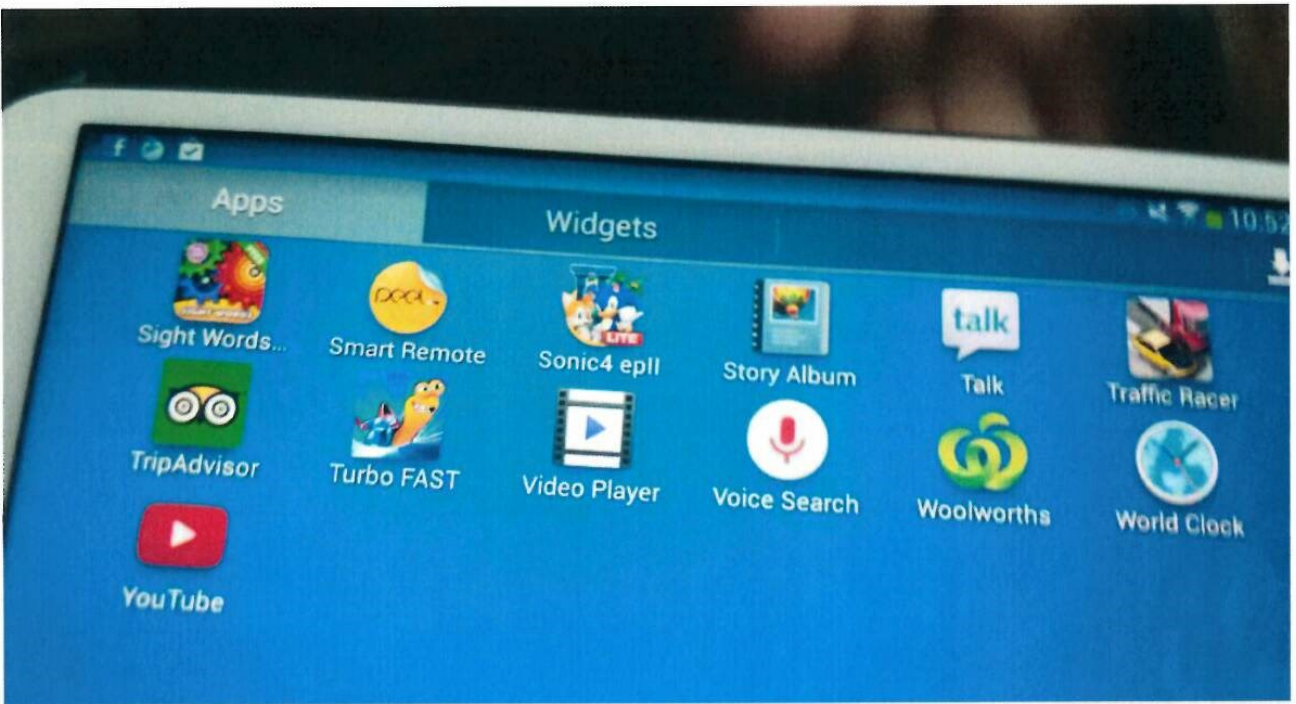
A breach of these legislations and codes will be deemed an act of serious misconduct and will result in appropriate action. For employees this may include disciplinary action and may result in termination of employment. For families and visitors, this may result in exclusion from the Service.

Please refer to the C&K Grievance Procedure if you are experiencing bullying or are witness to bullying behaviour in the workplace.

For additional support, please contact HR on 1800 177 092 or the Employee Assistance Program on 1300 361 008

**Michael Tizard CEO**

*Where children come first*



# What about screen time ...what are the children doing? ...is it okay?

EDITORIAL

Guest editor Susan Danby

Children's use of screen time has become part of everyday life. Yet many parents and teachers are concerned about the effects of children's use of screen time. Very often, the image that is conjured up of screen time is of a solitary child closeted away in the bedroom spending hours alone playing video games, and not participating in social occasions with family members and friends.

Drawing on findings from Australian Research Council funded studies of young children's use of digital technologies in home and school settings, video recordings of family life show that young children engage with the screen in lots of different ways. Below are some examples of family everyday interactions that involve screen time.

## Case 1: Learning new information

Tina, aged three years, is using an app on an iPad that has images of the planets. Dad asks, "what's that planet?" When Tina replies that she doesn't know, Dad prompts a response by offering her a choice between two possibilities, Saturn or Jupiter. Tina replies that it might be Saturn but the iPad app voice says Jupiter. Dad picks up on this, adds a clue, "it's got a big red dot," and points to the image of Jupiter on Tina's iPad. Tina provides the correct answer. As well as naming the planet, Tina gained access to information about the planet. (Danby et al, 2013).



### Case 2: Dancing

Andrew, aged three years, has the iPad and has found a YouTube video that plays the Chicken Dance. As he watches the video, he does all the actions of the song, flapping his arms and moving his body, and dancing along with the music. His mum notices what he is doing and together they laugh, showing their shared pleasure.

### Case 3: Using stopwatch on iPad to record running

Andrew, aged three years, uses the iPad to find the stopwatch. With his mother, they set the time for 1 minute after some discussion about how long the time should be – Andrew originally suggests fifteen minutes. He uses this time to see how fast he can run around his back yard. His mother calls out encouragement. On another day, he sets the stopwatch, and he calls out encouragement to his mother as she jogs around the yard.

### Case 4: 'New fashioned penpals'

Conversations with parents show their concern and awareness of screen time and its impact on family. Jackie, a mother in the study, discusses how she balances family life to incorporate lots of opportunities for family time that does not involve screen time:

"I think my kids would tend to do ....Um, they rarely just sit there, on their lonesome at a computer ..."

She discusses what she calls 'new fashioned penpals,' and explains that her children use online games such as Minecraft to connect with their friends: "...especially in the holidays they synch up." Her approach is one that encourages the more experienced and older children to help their younger siblings to play together online.



### What can screen time offer?

In the examples of screen time shown above, young children were interacting with family and friends, and engaged in ways where they were physically active. Here, we saw screen time that helped to:

- Build communication skills e.g. responding to parents' questions, interacting with family members
- Build skills for technology use e.g. screen awareness and manipulation, scrolling, typing in boxes, using the enter key and cursor
- Acquire content knowledge e.g. new information about planets, how to use a stop watch (math's understandings)
- Build family memories e.g. shared laughter and shared activities.

When reading this edition of Cascades we invite you to open your mind to consider new possibilities for the use of mobile devices, such as iPads, as learning tools. With the children, co-viewing and co-interact, to extend their learning and the building of social relationships.



**Professor Susan Danby**  
School of Early Childhood  
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#### References:

Danby, S., Davidson, C., Theobald, M., Scriven, B., Cobb-Moore, C., Houen, S., Thorpe, K. (2013). Using digital technologies at home. Cascades Newsletter, 5.

#### Acknowledgements

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# THANK YOU

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Luke Howarth (Federal Member of Parliament)

Tracey Davis (State Member of Parliament)

Amanda Cooper (Councillor Bracken Ridge Ward)

Aquatic Achievers

Harry Hupcap

Geared Electrical

Endeavour tip shop

Ella Bache' Aspley

Lone Pine

Malouf Pharmacy Aspley

Aspley Day & Night Pharmacy

Top Nosh Café Aspley

The Toy Outlet

Smile Central

Kindyroo

Endeavour tip shop

Michel's Patisserie Aspley

By George Hairdressing

Officeworks Aspley

Abbott's Barber

Aspley East Kindy

Orange Gym

Pilates Unlimited

Coggins Familiy (Kindy)

Cook Family (Kindy)

Deoji Family (Kindy)

Authentic Self and Northside Family and

Counselling Services

Jacob's Bakery

Outback Steakhouse

Back Yourself Fitness